

GRAB-N-GO SALADS

SOUTHWESTERN \$7

Romaine, Black Bean and Corn Salsa,
Tomatoes, Onions,
and Housemade Tortilla Strips

CAESAR \$6

Romaine, Parmesan, and Housemade
Croutons

CHEF SALAD \$7.40

Romaine, Bacon, Diced Tomato, Cucumber,
and Shredded Monterey Jack Cheddar

GARDEN SALAD \$6

Romaine, Diced Tomato, Cucumber, Bell
Peppers, Sunflower Seeds

CHOICE OF DRESSINGS:

Ranch, Caesar, Creamy Balsamic
Vinaigrette, Chipotle Ranch, Honey Mustard

***Add Diced Chicken - \$2.75**

BRAVEHEART BLACK ANGUS BURGERS

Braveheart Black Angus Patties with
Lettuce, Tomato, Onion, and our Classic
Sauce on Brioche Bun \$7.97
Add Cheese or Bacon for \$.75 each

Combo Up! \$11.50



Check out our catering menus online at
sunflowereatery.com

SPECIALTY ITEMS

Chicken Quesadilla with Peppers, Onions,
Mushrooms, and Monterey Jack Cheese \$7.40
Combo Up! \$10.95

Grilled Cheese with Cheddar, Swiss,
Bacon, and Tomato \$6.47
Combo Up! \$10

Chicken Tenders (4) with Choice of Sauce \$6.97
Combo Up! \$10

Chicken Salad Sandwich with Lettuce and
Tomato on Sourdough (Contains Nuts) \$6.47
Combo Up! \$10

Turkey Club with Bacon, Lettuce, Tomato, Swiss,
Pickles, and Mayo on Toasted Sourdough \$7.40
Combo Up! \$10.95

Chicken Tender Wrap with Shredded Lettuce,
Diced Tomatoes, Shredded Monterey Jack
Cheddar, and choice of dressing \$7.40
Combo Up! \$10.95

Southwestern Rice Bowl with Brown Rice
and Black Beans Topped with Diced
Chicken, Grilled Onions and Bell Peppers,
Diced Tomatoes, and Chipotle Ranch \$7.40
Combo Up! \$10.95

SIDES

- Soup of the Day Cup \$3.50
- Tomato Basil Cup \$3.50
- Soup Bowl \$4.50
- Fries \$2
- Zapp's Bagged Chips \$1.50

Don't forget to check out our
Pastry Case!

BREAKFAST

Breakfast served from 7 AM - 10:30 AM

BREAKFAST SANDWICH \$4.99

Choose:

- English muffin or wrap (Bagel for +\$1.50)
- Bacon or Sausage
- Cheddar, American, or Swiss Cheese
- Scrambled Egg*

OMELET/SCRAMBLE* \$3.99

Choose between a 3 egg omelet or scramble. Choose add-ins below for \$.50 each. Add an additional scrambled egg for \$1.50*

BREAKFAST POTATO BOWL \$5.49

Choose up to 4 add-ins. Each additional add-in for \$.50. Add a scrambled egg for \$1.50*

ADLUH MILLS GRITS BOWL \$2.75

Choose add-ins below for \$.50 each. Add a scrambled egg for \$1.50*

Add-ins

- Bacon
- Sausage
- Cheese (*Monterey Jack Cheddar, American, or Swiss*)
- Onions
- Bell Peppers
- Tomatoes
- Sautéed Mushrooms

BAGELS \$2.10

GRITS \$2.75

BREAKFAST POTATOES \$2

DRINKS

METHODICAL COFFEE \$2.25

COKE FOUNTAIN MACHINE \$1.50
(1 FREE REFILL)

SWEET & UNSWEET TEA \$1.50
(1 FREE REFILL)

ORANGE JUICE/LEMONADE \$2.35

BOTTLED WATER \$1.75

BODY ARMOR \$3.23



-BREAKFAST-

-LUNCH-

-ARTISAN COFFEE-

-CATERING-

MONDAY-FRIDAY

7 AM - 2PM

Skip the Line and Order Online

www.sunflowereatery.com

Get delivery!



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*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness